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# Trends in breeding phenology across ten decades show varying adjustments to environmental changes in four wader species

Hans Meltofte<sup>a</sup>, Ole Amstrup<sup>b</sup>, Troels Leuenhagen Petersen<sup>c</sup>, Frank Rigét<sup>a</sup> and Anders P. Tøttrup<sup>c</sup>

<sup>a</sup>Department of Bioscience, Aarhus University, Roskilde, Denmark; <sup>b</sup>Amphi Consult, Aalborg, Denmark; <sup>c</sup>Center for Macroecology, Evolution and Climate, University of Copenhagen, Copenhagen, Denmark

#### ABSTRACT

**Capsule:** During 1928–2016, initiation of egg-laying advanced in two wader species, remained unchanged in one, and was delayed in one species. The changes across years and variation among species can be explained by climatic variables and differences in migratory strategies. **Aims:** To document possible changes in initiation of egg-laying in common Danish wader species

since the early part of the 20th century and seek possible correlations between egg-laying, timing of arrival and environmental factors.

**Methods:** Annual records of the first eggs and chicks found on the scientific reserve of Tipperne in western Denmark 1928–2016 were analysed using linear regression to determine patterns in timing of egg-laying, pre-breeding length and influence of climate factors.

**Results:** Two short/medium-distance migrant wader species, Northern Lapwing *Vanellus vanellus* and Common Redshank *Tringa totanus* advanced breeding initiation by about one week, with winter North Atlantic oscillation Index and spring temperature as important predictors. By contrast, two long-distance migrants, Black-tailed Godwit *Limosa limosa* and Ruff *Calidris pugnax*, did not advance egg-laying, and Ruff actually delaying it. As a result, the pre-laying period was significantly prolonged in both Black-tailed Godwit (21 days) and Ruff (52 days), while there was no significant change for Common Redshank.

**Conclusion:** Long-distance migrants are able to adjust spring arrival but unlike short/mediumdistance migrants, do not necessarily adjust breeding initiation.

Much research is aimed at gaining a more thorough understanding of responses to global change at all trophic levels of ecosystems (Parmesan 2007, Jørgensen et al. 2016, de Keyzer et al. 2017). This includes adjustments in reproductive phenology, and whether change is related to the climatic variations and other factors likely to affect the reproductive cycle (Parmesan 2007). Birds need to time breeding in order for the chicks to optimally exploit peak food abundance (Kam et al. 2004, Both et al. 2006, but also see Jonzén et al. 2007), which in turn is affected by soil productivity and climate. Phenotypic plasticity in birds allows, to some extent, quick adjustments of phenology (Berthold 2001, Fiedler 2009, Tøttrup et al. 2010) and a growing number of studies find evidence for micro-evolutionary adaptations to current climatic changes (Brandsma et al. 2017, Källander et al. 2017).

Spatial and temporal responses to climate change differ between species and across trophic levels, because some organisms rely on endogenous factors that are more or less independent of the environment (Berthold 2001, Both & Visser 2001, Walther et al. 2002, Both et al. 2006, Jørgensen et al. 2016). Changes in breeding phenology of sedentary organisms (e.g. some birds, most invertebrates and plants) are presumably affected differently from those of migratory animals, because the resident species will experience the entire annual cycle in the ecosystem and hence have the opportunity to adjust their physiology throughout the year (Berthold 2001, Fiedler 2009). To avoid disadvantages in interspecific competition, for example for best breeding sites, migrants need to adequately adjust timing of arrival and breeding to the conditions at the breeding grounds; conditions that they are not able to predict during the winter. Both & Visser (2001) showed that inadequate changes in breeding phenology in the Pied Flycatcher Ficedula hypoleuca, a long-distance migrant, caused local population declines of up to 90% due to mistiming and competition with Great Tits Parus major. Such maladaptation might cause a micro-evolutionary bottleneck by strong selection for early egg-laying

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CONTACT Hans Meltofte 🔯 mel@bios.au.dk 🗈 Department of Bioscience, Aarhus University, Frederiksborgvej 399, DK-4000 Roskilde, Denmark; Anders P. Tøttrup 🐼 aptottrup@snm.ku.dk 🗈 Center for Macroecology, Evolution and Climate, Natural History Museum of Denmark, Universitetsparken 15, DK-2100 Copenhagen, Denmark

(Both & Visser 2001, Both *et al.* 2006, but also see Jonzén *et al.* 2007). However, studies on a nearby population also showed that advances in egg-laying actually benefitted recruitment of offspring into the population (Tomotani *et al.* 2017).

In a previous study, we demonstrated advanced arrival time at the breeding area for three of the wader species analysed in this study – Black-tailed Godwit *Limosa limosa* (13 days earlier), Common Redshank *Tringa totanus* (14 days earlier) and Ruff *Calidris pugnax* (42 days earlier) – over an 80-year period (1929–2008; Petersen *et al.* 2012), whereas arrival of Northern Lapwing *Vanellus vanellus* could not be established because the species was also frequently present during winter.

In this study we present an analysis of breeding initiation observations based on an even longer time period (1928–2016) for the same four wader species in the same area. We include analyses of changes in length of the pre-breeding period and assess how climate impacts the timing of breeding. Our data represent the longest available time series on egg-laying phenology of birds in Denmark and, except for the Northern Lapwing (Both *et al.* 2005), possibly in waders worldwide.

### Methods

The study was carried out at the scientific reserve of Tipperne located in the brackish lagoon of Ringkøbing Fjord in western Denmark (55°53′ N 8°13′ E). The reserve includes 700 ha meadows and reed beds largely without changes in habitat management during the study period. For details of the environment and the birds of Tipperne, see Meltofte (1987), Thorup (1998) and Meltofte & Clausen (2011, 2016).

During most of the study years, the Northern Lapwing population numbered around 100–275 pairs, the Black-tailed Godwit population 40–200 pairs, the Ruff population 25–300 breeding females and the Common Redshank population 50–800 pairs (Thorup 1998 and in litt.). For all four species the breeding populations varied around relatively moderate levels up to the late 1970s, after which they increased significantly to a peak in around 1990, followed by a return to more or less previous levels from around 2000.

Egg-laying data (*date of first egg laid*) for the four species were compiled from observers' diaries and breeding phenology forms kept at the reserve during the entire study period. We have solely used dates of first completed clutch and explicit observations of *the first nest this year* to calculate first egg dates (laying intervals: Northern Lapwing: 42 hours, Ruff: 24 hours, Blacktailed Godwit: 24 hours, Common Redshank: 38 hours (Cramp *et al.* 1983)). Similarly, we have extracted all available data on the first hatched young from the same sources and converted these to first egg dates using 33 days for laying and incubation in Northern Lapwing, 27 days in Black-tailed Godwit and Ruff, and 29 days in Common Redshank (Thorup 1998 and in litt.).

Data on first egg dates are potentially affected by a relatively high predation pressure early in the season compared to just a few weeks later (Thorup 1998) and to the fact that it is more difficult to find the first nest than to find 15 nests one week later. However, the constant effort exerted in locating nests mitigates the potential bias in changes over time in our data.

Individual phenological repeatability in birds remains poorly understood (but see Lourenço *et al.* 2011, Thorup *et al.* 2013). As a proxy measure for the pre-laying period at the population level, we used the difference in number of days between the first arrival and first egg date (see Högstedt 1974, who used female arrival). Date of arrival and hence length of the pre-laying period could not be determined in Northern Lapwing because, as mentioned, this species occurred irregularly throughout the winter on Tipperne (Meltofte & Clausen 2016).

Climate data for the entire period were available at national level only and were obtained from the online archives of the Danish Meteorological Institute (Cappelen 2016). As an attempt to integrate spring conditions both covering the general characteristics of western Europe and the local phenology for invertebrate food and vegetation growth, we correlated first egg dates with three-month averaged mean monthly temperature and precipitation for January-February-March (JFM) for the early breeding Northern Lapwing and Black-tailed Godwit and for February-March-April (FMA) for later breeding Ruff and Common Redshank. Furthermore, we tested for a correlation with the North Atlantic Oscillation (NAO) Index for the winter period of December through to March (DJFM) (Hüppop & Hüppop 2003, Hurrell 2016), which is the dominant mode of climate variability in the North Atlantic region (IPCC 2010).

Determination of the wintering area of the populations occurring in Denmark was based on Bønløkke *et al.* (2007) using estimates of spring migration distances to Tipperne from Google Earth (2010, ver. 4.3) and classifying <4000 km as short/ medium-distance and >4000 km as long-distance. This classified Northern Lapwing and Common Redshank as short/medium-distance migrants and Black-tailed Godwit and Ruff as long-distance migrants (Petersen *et al.* 2012), that are wintering in western Europe/ Mediterranean and tropical Africa, respectively.

For the statistical analyses all data were converted to Julian days (where 1 = 1 January). Ordinary linear regression was then used to determine species-specific temporal patterns in timing of egg-laying and prebreeding length. Prior to the regression analyses, possible outliers were identified and removed, if they had influence values higher than Cooks Distance (Weisberg 1985). In order to assess possible year-toyear correlations between first egg dates and date of observation of the first individuals, the potentially confounding temporal effect on both variables was removed. This was done by regression analyses of both variables on year and then extracting the residuals from these two regressions. A Spearman correlation analysis of these two sets of residuals was then used to test the relationship between year-detrended first egg dates and observation of first individuals.

## Results

We found significant advances in first egg dates for Northern Lapwing (-0.0858 days/year) and Common Redshank (-0.0683 days/year) while a significant delay was noted for Ruff (0.0908 days/year) (Table 1 and Figure 1). In total, the mean initiation of the earliest clutches advanced by 7.6 and 6.1 days, respectively, over the study period 1928-2016 for the two short/ medium-distance migrants, Northern Lapwing (from approximately 10 April to 3 April) and Common Redshank (from approximately 2 May to 26 April) during the 89-year study period. Initiation of egglaying was delayed by 8.1 days in the long-distance migrant, the Ruff (from approximately 2 May to 9 May), and remained largely unchanged in the similarly long-distance migrant, the Black-tailed Godwit (mean 21 April; Figure 1).

Over the study period, the pre-laying period became significantly longer in the long-distance migrants Ruff (0.596 days/year, P < 0.0001) and Black-tailed Godwit (0.214 days/year, P = 0.001) (Table 1 and Figure 2). In Ruff, we found a longer pre-laying period in years with higher spring temperatures (3.225 days/°C, P = 0.048) and more precipitation (0.448 days/mm, P = 0.039), but no effect of winter conditions (Table 1). We found no significant correlation between year-detrended first egg dates and first observation date of arrival for Black-tailed Godwit (P = 0.59) and Common Redshank (P = 0.49), whereas such a correlation was found for Ruff (P = 0.001).

When changes in timing to the start of breeding were compared with advances in arrival, the pre-laying period was prolonged by 21.1 days (from 22.3 to 43.4 days) in Black-tailed Godwit and 52.4 days (from 9.5 to 61.9 days) in Ruff. The apparent prolonged pre-laying period of 7.7 days in Common Redshank was not statistically significant (Table 1).

For all four species, timing of first egg was earlier in springs following mild winters (positive NAO values). Furthermore, breeding initiation was also earlier in years with higher temperatures for Northern Lapwing, Black-tailed Godwit and Common Redshank. In Blacktailed Godwit and Common Redshank, we also found that breeding was earlier in years with more precipitation (Table 1).

# Discussion

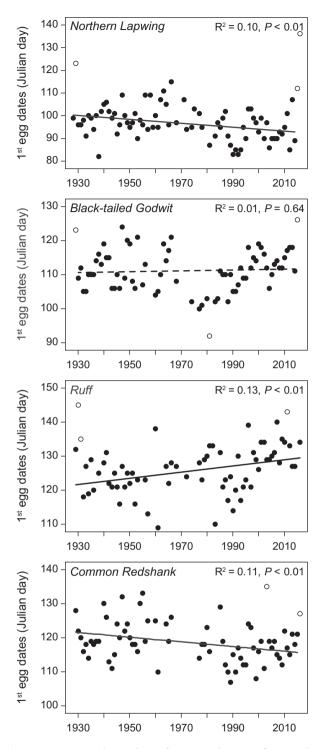
We demonstrate earlier initiation of egg-laying by one week for the two short/medium-distance migratory waders, Northern Lapwing and Common Redshank, and unchanged or delayed initiation of egg-laying for two long-distance migrants, Black-tailed Godwit and Ruff. The pre-laying period was consequently prolonged in the long-distance species while a small expansion in the short/medium-distance Common Redshank was not statistically significant (we do not have arrival data for Northern Lapwing). Overall, winter NAO and spring temperature were found to be the most important predictors. This is in accordance with our previous findings on spring arrival (Petersen et al. 2012); i.e. timing of arrival in waders can be explained by local temperature and precipitation as well as winter conditions (NAO, winter index) and species-specific migration distances.

Thorup (1998) found no change in Northern Lapwing and Common Redshank breeding phenology during 1928-92 on Tipperne, but this is not necessarily contradictory to our results because Thorup used population-wide breeding phenology, which may show a slower trend than analyses of first egg dates, where a single nest counts. On the other hand, the data we present here are based on a time series that is 25 years longer than that of Thorup, and we consider first egg/ chick dates to have been more consistently recorded on the reserve than the population-wide laying phenology. Yet, as in our study, the long-distance migrant, Blacktailed Godwit, showed no change in breeding phenology in Thorup's study (see also Kentie et al. 2017), whereas breeding in Ruff was delayed according to a more recent analysis (Thorup 2016).

Given the marked advancement in its arrival, the unchanged breeding phenology in Black-tailed Godwit was surprising (see below). Even more surprising was delayed egg-laying in Ruff, which Thorup (2016) ascribed to the likely effects of greatly increased grazing by Barnacle Geese *Branta leucopsis* since the

Table 1. Trends in egg-laying initiation dates and length of pre-laying period in four wader species on Tipperne 1928–2016 estimated by linear regression analyses. The pre-laying period of Northern Lapwing could not be established due to irregular occurrence of the species in mild winters. Significant effects are shown in bold.

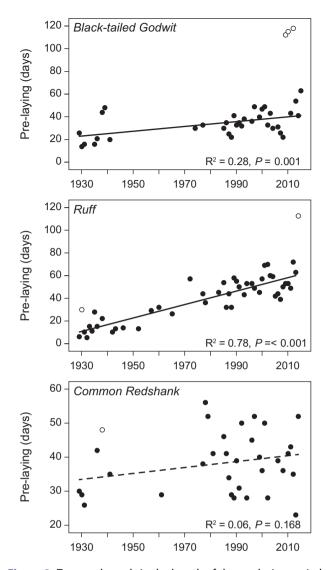
Species First egg dates	N	mean	se	Year			Temperature (JFM/FMA)			Precipitation (JFM/FMA)			NAO (DJFM)		
				days/year	Р	R <sup>2</sup>	days/°C	Р	R <sup>2</sup>	days/mm	Р	R <sup>2</sup>	days/NAO	Р	R <sup>2</sup>
Northern Lapwing	78	97	0.79	-0.086	0.004	0.10	-1.201	0.001	0.14	-0.041	-0.410	0.01	-1.212	0.002	0.12
Black-tailed Godwit	70	111	0.67	0.012	0.642	<0.01	-0.668	0.029	0.07	-0.105	0.010	0.09	-0.725	0.022	0.08
Ruff	67	126	0.81	0.091	0.003	0.13	-0.303	0.481	0.01	-0.027	0.665	<0.01	-0.957	0.013	0.09
Common Redshank	68	119	0.70	-0.068	0.006	0.11	-1.619	< 0.001	0.28	-0.148	0.005	0.11	-1.333	< 0.001	0.24
Pre-laying period															
Black-tailed Godwit	34	34	1.99	0.214	0.001	0.28	1.091	0.217	0.05	-0.013	0.908	<0.01	0.943	0.314	0.03
Ruff	45	40	2.84	0.596	<0.001	0.78	3.225	0.048	0.09	0.448	0.039	0.07	1.220	0.380	0.02
Common Redshank	32	38	1.57	0.087	0.168	0.06	-0.226	0.790	<0.01	0.090	0.453	0.02	-0.667	0.316	0.03



**Figure 1.** Temporal trends in first egg dates in four wader species on Tipperne 1928–2016. Lines represent the results from linear regressions, where significant regression lines are solid and one non-significant is dashed. Open circles are outliers as defined by Cooks Distance (Weisberg 1985).

late 1990s. Increased grazing would delay the appearance of sufficiently tall nest cover and could potentially be another factor influencing changes in egg-laying timing.

Breeding initiation appears to be highly influenced by food supply prior to and during egg-laying, which in turn



**Figure 2.** Temporal trends in the length of the pre-laying period in three wader species on Tipperne 1928–2016. Lines represent the results from linear regressions. Open circles are outliers as defined by Cooks Distance (Weisberg 1985).

is affected by temperature and precipitation together with timing of snow melt in northern areas (Kam et al. 2004, Meltofte et al. 2007, Fiedler 2009; see also Ettrup & Bak 1985 for temperature dependent egg-laying in Danish Northern Lapwings). Explanations for lack of response to global warming, e.g. in Black-tailed Godwit, could be lack of adaptation, unchanged prey phenology or bias in our first egg dates (see discussion in Musters et al. 2010). No data on prey phenology was available from Tipperne, but we have information on prey abundance. For example, Thorup (1998) found largely unchanged invertebrate abundance on the meadows between studies conducted in 1938-43 and 1987-89. However, Common Redshank, in particular, just prior to and during egg-laying obtain a large part of their food on the shallow mudflats surrounding the Tipperne meadows (O. Thorup in litt.), and here prey

densities have increased considerably during the study period (Meltofte & Clausen 2016). Predation pressure might counteract earlier egg-laying because predation is most intense early in the breeding season (Thorup 1998). On the other hand, advanced breeding initiation increases the opportunity for more replacement clutches due to the longer breeding season.

In a Dutch study on meadow birds, Beintema et al. (1985) found that in the 1980s breeding phenology had already advanced by 2-3 weeks in all six wader species studied, including the four species from this study. Spring temperature was discarded as the cause, and the phenological changes were attributed to intensified agricultural management, especially fertilizer application leading to soil fauna phenology advancement. Since then egg-laying phenology in meadowbirds has been studied extensively in the Netherlands with the aim to unravel the impact of climate versus changes in habitat management, e.g. in form of fertilizers, soil humidity, timing of mowing, etc. (Both et al. 2005, Kleijn et al. 2010, Musters et al. 2010, Schroeder et al. 2012, Senner et al. 2015, Brandsma et al. 2017). The results show a mixed picture with varying influence of both agricultural practices and climate variables in the individual species and periods of time. On Tipperne, effects of habitat management can largely be excluded because management of the meadows has been restricted to grazing (from May at the earliest) and late summer mowing (from July at the earliest), while fertilizers have not been used (Thorup 1998). However, in the Netherlands a similar difference was found between egglaying advancement during the last half century in the short-distance migrant, Northern Lapwing, and no change in the long-distance migrant, Black-tailed Godwit (Musters et al. 2010). Also in accordance with our results, Both et al. (2005) found that advancement of egg-laying in Northern Lapwing apparently began before the middle of the 20th century and has accelerated since then.

Gill *et al.* (2014) suggest that earlier breeding could be the mechanism leading to earlier arrival in a population of short-distance migrant Icelandic Black-tailed Godwits *Limosa l. islandica*. This is driven by earlier born young being able to select better wintering habitats and thereby arrive earlier in Iceland at the time they start breeding. Our data do not include individual data to further study this mechanism. Still, for our short/medium-distance species, this could potentially be an explanation to study further.

Unlike the long-distance migratory waders covered in this study, the long-distance migrant, Pied Flycatcher, has shortened the pre-laying period on their Dutch breeding grounds (Both & Visser 2001). The Pied Flycatcher breeds earlier now, but not early enough compared to prey phenology. As shown by Both & Visser (2001), a pre-laying period which was at the minimum required, plus insufficient advancement of arrival, hampered adequate advancement of egg-laying which subsequently led to severe population declines in this species. The two short/medium-distance migrants, Northern Lapwing and Common Redshank, do lay their eggs earlier and thus have an advantage in interspecific competition. They gain more time for replacement clutches and possibly are better able to synchronize hatching with an advanced peak in invertebrate abundance on the meadows, assuming that prey phenology on Tipperne has also advanced.

Högstedt (1974) showed a strong negative correlation between the length of the pre-laying period and prey abundance in a Swedish Northern Lapwing population in a study based on female arrivals and first egg dates. Högstedt suggested a minimum pre-laying period of about 13 days. However, given the increasingly sedentary behaviour of Northern Lapwing on Tipperne, a minimum pre-laying period could hardly have been a limiting factor for Lapwing breeding phenology in the reserve in recent decades. We do not know to which degree our breeders are sedentary, so the year-round presence of the species makes further exploration impossible within this current data.

Thorup (2004) addressed different possible causes of declining Ruff and Black-tailed Godwit populations in Denmark, and stressed that climate change is unlikely to be the cause because Danish temperatures have not risen above that of the former French, Hungarian and Ukrainian breeding sites of these species. Rising temperatures should nevertheless not be neglected as a future cause of population decline as a result of a slower adaptation to the changed breeding ground phenology (e.g. prolonged pre-laying periods) compared to that of sedentary and short-distance migratory waders (this study).

Invertebrate biomass varies between years at Tipperne (Thorup 1998) and abundance is especially low after a severe winter followed by a dry spring (Larsen 1949). Hence, less frequent winter frosts and increased precipitation (IPCC 2010) predict good conditions for invertebrates. Warmer winters might be especially advantageous for meadow breeders, because Black-tailed Godwit chick survival was higher with moderate temperatures and precipitation (Groen & Hemerik 2002). Higher temperatures are believed to be especially favourable for Northern Lapwing because the chicks are much less dependent on brooding in periods with higher temperatures (Beintema & Visser 1989). However, a potentially negative effect of warmer springs is that grass may by higher and denser at an

earlier time, which could make it difficult for the birds to capture their invertebrate prey.

Our results show that long-distance migrants may adjust timing of spring arrival, but breeding initiation is not necessarily adjusted, as it is in short/mediumdistance migrants. This indicates that records of spring arrival alone may not be sufficient to assess climate change impacts on timing of breeding. Understanding the link between timing of spring arrival and breeding initiation time is essential if conservation or management actions are to be implemented.

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